

GIRLS GAME RULES CHART

	4-5 (PreK-Kinder) Beginners	6-7 (1 st -2 nd) Girls	8-9 (3 rd -4 th) Girls	10-12 (5 th -8 th) Girls	13 and Up (N/A) Girls
Game Length	8 min quarters	8 min quarters	6 min quarters	6 min quarters	8 min quarters
Clock	Continuous	See Item #1	Normal	Normal	Normal
Goal Height	7ft	8ft	10ft	10ft	10ft
Basketball Size	27.5	28.5 Women's	28.5 Women's	28.5 Women's	28.5 Women's
Free Throw Distance	Player's choice	Second dash inside free throw line	Standard	Standard	Standard
Full Court Press	NO	NO	NO	See Item #2	
Lane Violations	NO	NO	3 SEC	3 SEC	3 SEC
Half-Time	5 min	5 min	5 min	5 min	5 min
Time Outs	3 per half - 30 seconds each				
Player Fouls	NA	5 total fouls – player fouled out / 2 technical fouls – player fouled out			
Team Fouls	NA	7 fouls = bonus / 10 fouls = double bonus			
Overtime	NA	See Item #3			

1. **CLOCK: AT ANY TIME THAT A TEAM IS AHEAD BY 15 OR MORE POINTS, THE CLOCK WILL RUN CONTINUOUS!**
 - a. Beginners and 1st-2nd Grades (Ages 4-7) will have a continuous clock only stopping for time outs, foul shots and player injury.
2. **PRESS RULES: Defensive players must allow offensive players to enter front-court uncontested. Anytime an offensive player attempts to advance the ball on a fast break past the defense in the backcourt, the backcourt guarding rule is not applied!**
 - a. Beginners – 3rd-4th Grade (Ages 4-9) CANNOT press at any time.
 - b. 5th-6th Grade (Age 10-12) may only press in the last two (2) minutes of each half if not leading the game by 15 or more points.
 - c. 7th-8th Grade and 9th-12th Grade (Ages 13) and up may press at any time during the game if not leading the game by 15 or more points.
3. **OVERTIME:**
 - a. Upon the completion of regulation time when the scores are tied, teams will enter overtime play. Overtime periods begin with a tip off and are two (2) minutes in length and all rules and regulations that apply during a normal quarter continue through each overtime period. One time out per over time period. Team and individual foul totals carry over to subsequent overtime periods. Backcourt guarding (pressing) is allowed in all overtime periods as would be in the last two (2) minutes of the game. Any game is not to exceed three (3) overtime periods and the third (3rd) period being sudden death, begins with a tip off. Sudden death rules are the exact same as the regular rules, except there will be no time limit/clock and the first team to score wins.
4. **FREE THROWS:** Players along the free throw lane may enter upon the release of the ball by the shooting player.